

The Lamp Post

Shining the light in the dark
for trans service members + veterans



Issue No.

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NOVEMBER

2025



Addressing the Community

Just as last month we saw the light starting to come in, this month, the good news is growing. Passports and marriage equality are both safe; the court cases are advancing; and as we all transition out of uniform, our ability to take broader, more open action grows.

November has been an emotional rollercoaster for a lot of us. We had a bittersweet Veterans Day. We celebrated trans visibility/awareness week. We honored those we lost for Trans Day of Remembrance.

If you feel like you're in a dark space, reach out. It can be to anybody who can be a sympathetic ear and/or get you the resources you need.

As we move into the future - now only a month and some change from TMH's sixth anniversary - I want to remind and encourage you all to keep connecting with each other and with our allies, both in your local area and at a national level. We will continue to work together to advance the cause of trans equality as the veterans who lead the fight.

Thank you all for your continued service and support to our community.

As I always say:

Expect the worst; Hope for the best; Fight to bridge the gap.

-Catie

TMH Town Hall



November 2025

TDOR Memorial

- Piper Spencer, USCG
 - 12 December 1983 - 23 April 2025



- Elisa Rae Shupe, US Army
 - 10 August 1963 - 27 January 2025



TMH Updates

- Newsletter Tomorrow!
- Army-Navy Game Watch Party
 - 1545EST on 13DEC25
 - Discord - Town Hall Stage
- Volunteer Recruitment
 - <https://wkf.ms/4o68Xq8>
- militarytransrights.org
 - Coalition Site (TMH, SPARTA, ONS, MMAA, MV, etc.)
- J2 Updates
 - Passports - Government backpedaled
 - Marriage Equality - SCOTUS declined review
 - Mil Court Cases - NSTR (*Talbott* & Logan Ireland cases are still in pre-decision phases)
- TMH Website -
 - <https://themilitaryhub.org>
 - URL name changed for subtlety
- Project Ember Updates
- Advocacy
 - ONS Tool Kit
- Out & Out submissions
 - Art (preferably written)
 - Contact Corra or Cathrine S.
- Merch Updates
 - Surprise on the way for TMH Day (04JAN) 2026
 - Teepublic Page (shirts/hats/mugs/etc)
 - Localization gear is here too
 - Order Form (patches/stickers/coins)
 - If you have design ideas, send them to Catie
- Endorsement Matching Link
 - <https://wkf.ms/49iGxVH>

Town Hall Slides w/ Links will be available in the next issue of *The Lamp Post*.

TRIGGER/CONTENT
WARNING FOR NEXT TWO
PAGES.

The next two pages contain SHARP/SAPR news. If this is something you prefer not to see, be sure to scroll and until the page I have deemed the “Safe Page”. It will be something cute, funny, cool, etc., and will signify that you are no longer on any TW/CW page(s).

The purpose is to provide general information to victims, potential victims, or allies of victims information regarding a case, and to spread the word about the investigation.



True Crime Mama · [Follow](#)

4d ·

TEXAS — Army Releases Full Service Record of Fort Hood Gynecologist Accused of Secretly Recording Patients

The U.S. Army has publicly released the full service history of Maj. Blaine McGraw, the Fort Hood OB-GYN accused of secretly recording female patients, conducting unnecessary and invasive exams, and making sexually inappropriate comments during appointments at Carl R. Darnall Army Medical Center.

According to officials, these allegations triggered a full-scale criminal investigation, a lawsuit from one of his former patients, and the Army's decision to revoke McGraw's access to patient records and immediately suspend him.

- July 2024 - Present: OBGYN Physician, Headquarters Company, Carl R. Darnall Army Medical Center, Fort Hood, TX
- March 2024 - July 2024: OBGYN Staff Physician, 11 MD Field Hospital (Iraq/Syria)
- Aug 2023 - July 2024: OBGYN Physician, Headquarters Company, Carl R. Darnall Army Medical Center, Fort Hood, TX
- July 2020 - Aug 2023: OBGYN Resident, Tripler Army Medical Center, Oahu, Hawaii
- June 2019 - July 2020: OBGYN Intern, Tripler Army Medical Center, Oahu, Hawaii
- August 2013 - June 2019: Battalion Physician Assistant, 2-327IN, Fort Campbell, KY
- November 2012 - August 2013: Battalion Physician Assistant (Afghanistan), 2-327 IN, 1BCT, 101st AIRBORNE, Fort Campbell, KY
- October 2011 - November 2012: Battalion Physician Assistant, 2-327IN, Fort Campbell, KY
- September 2010 - October 2011: Student, Interservice Physician Assistant Program, Fort Campbell, KY
- August 2009 - September 2010: Student,

Interservice Physician Assistant Program, Fort Sam Houston, TX

- December 2008 - August 2009: Battalion S1, Headquarters Company, 1-327 IN Fort Campbell, KY
- February 2007 - December 2008: Combat Advisor/Executive Officer (Iraq), Headquarters Company, 1-327 IN Fort Campbell, KY
- February 2007 - September 2007: Rifle Platoon Leader, Bravo Company, 1-327 IN Fort Campbell, KY

One patient claims in a lawsuit that McGraw used his position "to conduct invasive and unnecessary examinations over the course of several appointments," and investigators are now working to determine how many victims there may be.

To keep the process transparent, the Army released McGraw's entire service record, showing every location he worked — including multiple years at Fort Hood, a deployment to Iraq/Syria, and earlier assignments in Hawaii and Kentucky. Officials say every patient he may have treated is being contacted.

The Army has also set up:

- A dedicated call center
- A survey linked to the Army Criminal Investigation Division
- A patient support hotline
- Special Victims Counsel for anyone affected

In a public statement, the Army says it is committed to supporting every potentially impacted patient and urges anyone with information to come forward.

This is an extremely serious case, and the number of potential victims is still unknown.

Anyone with information is encouraged to contact the Army Criminal Investigation Division.



MAJ BLAINE MCGRAW

<https://www.military.com/feature/2025/11/14/trust-betrayed-fort-hood-army-doctor-accused-of-recording-his-patients.html>

<https://www.cid.army.mil/Submit-a-Tip>

1-877-995-5247 / Online chat w/ a counselor option available

VICTIMS OR PERSONS W/ INFORMATION ARE STRONGLY ENCOURAGED TO CONTACT CID/MAKE A REPORT.



SAFE PAGE :)





[Project Ember Survey](#)

CONTACTS/LINKS

Elise, Pathfinders/VA: kelleyt2024@gmail.com

Berry Law: andy.blevins@berrylaw.com

PTSDlawyers.com

Benefits Delivery at Discharge: [BDD - Veteran Affairs](#) - NOTE: Due to the gov't shutdown, processes will be slower.

TLP Submissions: marcie.kulp.tmh@gmail.com / marcie.kulp.tmh@proton.me

Q'mmunity House: [Q'mmunity House](#)

Volunteer Recruitment Form: [Volunteer here](#)

Teepublic Merch Page: [Merch](#)

TMH Stickers/Patches/Coins: [Google Form](#)



Transgender Day of Remembrance

Piper Spencer, USCG

Piper Spencer was born on the 12th of December 1983.

In 2004 they enlisted in the U.S. Coast Guard as an aircraft maintainer. In their career they oversaw the maintenance of the HC-130H, an aircraft operated by the Coast Guard utilized for SAR and coastal spotting missions. They accrued over 3500 flight hours leading to over 450 successful sorties and reaching the rank of Petty Officer First Class. They struggled with gender dysphoria for years while in service, but not knowing what gender dysphoria was until the 20th of April 2024, joining the Trans Military Healthline community and being an extremely active member in the community. They met their wife Courtney in 2012 and had 1 son together.

They struggled with fear of seeking a gender dysphoria diagnosis while still being active duty and with the thought of transitioning or seeking gender affirming care. The family and fellowship gained by members of TMH allowed them to explore their identity in safety and having the support needed to feel confident. They were a beloved member of the community that always helped their peers with issues related to mental health, struggles with dysphoria, and being able to make people laugh when they needed.

On the 23rd of April 2025 at the age of 41 it was announced that they had taken their own life. Their last words in the TMH Community was the 20th of April 2025 they were excited to announce it was the first anniversary of their egg crack.

Piper Spencer, USCG



Transgender Day of Remembrance

Elisa Rae Shupe, US Army

Elisa Rae Shupe was born on the 10th of August 1963.

In 1982 she enlisted in the U.S. Army as a tank mechanic. In her service she earned a meritorious service medal with 1 device, an army commendation medal with 3 devices, and an army achievement medal with 7 devices. She met her wife Sandy while stationed in Fort Knox, the two marrying in 1987 and having 1 daughter. She dealt with scrutiny from her peers and superiors leading to bullying, hazing, and sabotage over speculation of her being gay. She retired in 2000 after achieving the rank of Sergeant First Class.

In the year 2013 she began seeking treatment for gender affirming care, stating to her family she needed to transition or she would kill herself. During her gender affirming treatments she began performing as an activist in Oregon. In the year 2016 having applied to be listed as non-binary at the Oregon DMV which the agency refused, she took the agency to court and won the case, becoming the first legally recognized enby in the United States.

In 2019 she ceased identifying as a trans individual and became intertwined with anti-trans and anti-GAC groups and people. In 2022 she reclaimed her identity as non-binary with she/her pronouns. Claiming that members of the anti-trans community had taken advantage of her mental health issues. She became a whistleblower publishing a significant amount of conversations between her and members as well as strategies performed by groups such as the Heritage Foundation and Family Research Council.

On the 27th of January 2025 at the age of 61 she released a statement on her newsletter, her final words being: "You cannot erase non-binary and transgender people because you give birth to more of us each day." This was 15 minutes prior to her taking her own life while wearing a trans flag.

Elisa Rae Shupe, US Army



Transgender Day of Remembrance

Itaewon Transgender Day of Remembrance Rally



Transgender Day of Remembrance

Itaewon Transgender Day of Remembrance Rally



Transgender Day of Remembrance

Itaewon Transgender Day of Remembrance Rally



Community Corner

Minecraft Server



Photo credit: Ruepossum (She/they)

TMH relaunched its Minecraft server in hopes to boost morale and bring members together for some gaming fun.

If you would like to be part of the server, you **MUST** hold a “Verified” role, and be added to the Whitelist. DM BeccaKit or Lyla on TMH for more information!

Out and Out Anthology

Call for Submissions NOW OPEN:
"Out and Out" Anthology

We are launching a critical project, "Out and Out," a curated anthology of poetry, short fiction, and creative non-fiction/essays from Trans and GNC folks impacted by the US Military Trans Ban.

Your Story Matters. Join us in creating a powerful collection that documents and honors your experiences.

What We're Seeking

We are looking for creative written work from service members (current or former) affected by the ban:

- Poetry
- Short Fiction
- Creative Nonfiction / Essays

Out and Out Anthology

How to Submit

The submission period is OPEN! Please choose the method that works best for you:

Submission Method Details

Google Form (Preferred):

<https://forms.gle/TfaqTY9LyEPRziDk9>

Submission Email: westillexist.project@outlook.com

Project Impact & Credit

Fundraising: 100% of proceeds from books sold via Trans Military Hub (TMH) will be returned to the organization for community support.

Credit & Anonymity: You can choose to remain completely anonymous, OR If you include your name with your work, you will be credited in the book.

Kickstarter Coming Soon: Keep an eye out for updates on our funding campaign!

Don't wait! Submit your powerful work today!

Out and Out Anthology

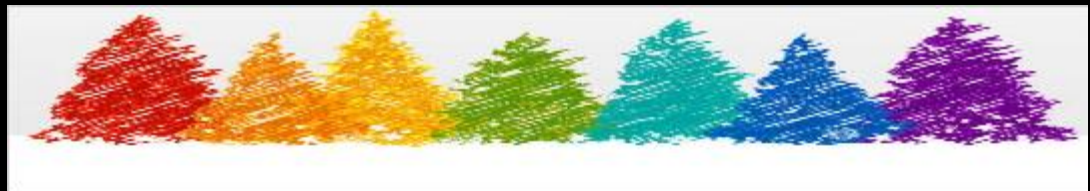
QR Code to submit:



Holiday Care Packages

There's still a few days left to sign up. Fill out the form before November 29th.

<https://forms.gle/GHLi5pfowqxFCyTf6>



This holiday season, TMH would like to share some positive vibes in the form of “care packages”.

Worry not about price, for we have that covered! If you would LIKE to donate to this mission, we will have a method of donation set up soon.

Requests need to be made NO LATER 29 NOV 2025. Packages will begin to ship out on 1 DEC 2025.

Please use the Google Form provided with this flyer to make the request. Please note that while a shipping address WILL be required (for obvious reasons), it does not go beyond a select few of TMH Staff, and the shipping company we utilize.



LinkedIn Endorsement Matching

After asking for feedback a few Town Halls ago, Kilele made a form to get the LinkedIn Endorsement matching system going. If you want a skill endorsed, fill out the form and select "Want Endorsed" from the appropriate drop down box. Then use the skill selection to select as many skills as you'd like from the list. If there's a skill you'd like endorsed that isn't on the list, select "Other" and put all the skills you want endorsed there not already on the skill list.

If you're willing to endorse someone else's skill in something, fill out the form and select "Will Endorse" from the appropriate drop down box. Then use the skill selection box to pick all the skills you're able to endorse others with. If there's a skill you'll endorse not in the list of skills, select "other" and put all the skills not already on the list.

<https://wkf.ms/49iGxVH>

Website!

The official website for TMH is live! There are still parts that are a work in progress, but make sure you save the link.

<https://themilitaryhub.org/>

Advocacy Corner:

Out In National Security released this Transgender Veterans Toolkit to help states, counties, cities, and other areas support transgender veterans. There are great policy frameworks for all aspects of life as a veteran. TMH's own Marcus was a huge part of making this toolkit happen and have a successful launch this month. Share it with as many people as you can to spread the word and get more areas to pass legislation they can.

<https://www.outinnationalsecurity.org/transgender-veterans-toolkit/>

The NDAA should be coming out of conference soon. Please take the time to call your Senators and Representative again and let them know you do not support an NDAA with anti-LGBTQ+ provisions, and to only vote for a clean NDAA. If you're still Active Duty, call for both the location you vote in and where you're stationed.

Who are my Senators and Representative:

[https://www.congress.gov/members/fin
d-your-member](https://www.congress.gov/members/fin
d-your-member)

or

<https://5calls.org/>

Why it matters:

While there have been many anti-LGBTQ+ policies since the start of this administration, they have all been Executive Orders. Including these provisions in the NDAA makes them law which would make it harder to repeal once the administration changes.

Advocacy Corner:

Here's a sample script to use for your call:

Hello, my name is <YOUR NAME> and I am a constituent/military service member/military spouse/veteran living in your district.

I do not support any anti-LGBTQ+ riders in the 2026 NDAA or any appropriations bills. I'm asking you to vote no on an NDAA or appropriations bill that includes anti-LGBTQ+ provisions.

Our military is facing a recruiting and retention crisis. Bills attacking LGBTQ+ service members and families will force tens of thousands of military families to re-evaluate their careers, and puts our nation's security at risk. Tens of thousands LGBTQ+ individuals serve our nation proudly. Please honor their commitment to this country by voting NO on any version of the NDAA that includes anti-LGBTQ+ provisions.

Upcoming Events

- **Friday Night Gaming**
 - TMH Discord - Every Friday @ 1800 EST

- **Pathfinders T4T**
 - Veterans Group | Hang-out Night
 - **Saturdays at 2100 EST**

- **TMH Town Hall Schedule**

(1530EST)

- 13DEC25
- 24JAN26
- 28FEB26
- 28MAR26
- 25APR26
- 23MAY26
- 27JUN26

- **The Lamp Post Publications**

- 28 DEC 2025

- **ARMY-NAVY Watch Party**

- 13 DEC 2025 @ 1545 EST